YNRA's Quick Tips for Youth Engagement: How to Include Youth the YNRA Way



Youth engagement is giving youth the space to voice their opinions and let them lead the way

Youth already struggle with people taking their control away from them, ensure they are involved in every step of a project

Provide incentives that youth can actually use (groceries, food, money for books, etc.)

Value their time and effort - Youth are busy with school and extracurriculars

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Listen to what they have to say, take their advice and document their feedback



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Choose activities and projects that the youth are interested in

The smallest changes make the biggest impacts, for example, being flexible with hours allows youth to participate after school

Including them in their own care promotes resilience and teaches them to cope



At the end of the day it is about meeting their needs not ours, and remembering that is important

Youth can teach adults and they can learn from each other







