

## POSITION: Youth Facilitator

**COMMITMENT:** Available for 6-10 hours per week (both daytime & evenings, occasional weekends)

**REMUNERATION:** Rate of \$17 per hour for most activities; fixed rate for certain projects

**HOW TO APPLY:** Please send your resume and cover letter to [ynra@cheo.on.ca](mailto:ynra@cheo.on.ca) (attn: YNRA Hiring Team) by **12:00pm June 21st, 2023.**

**OVERVIEW:** YouthNet/RéseauAdo (YNRA) is a bilingual for-youth-by-youth mental health promotion program of the Children's Hospital of Eastern Ontario (CHEO). At YNRA, we strive to reduce the stigma surrounding mental health and mental illness through prevention, intervention, education, and advocacy activities. YNRA was designed in response to research that suggests that youth are *much less* likely to talk to adults over the age of 30 about mental health, and *much more* likely to speak to peers or young people closer to their age. Thus, YNRA Youth Facilitators lead groups in activities and conversations related to mental health within a youth engagement service delivery model.

*\*\*Hours will vary with the demands and needs of the community.\*\**

### Key Responsibilities:

- Leading workshops on mental health topics (e.g., mental wellbeing, stigma, stress, coping, supporting friends, etc.,) for a variety of audiences in schools and in youth centres
- Facilitating 8-week early intervention mental health programs for youth both in-house and in communities, focused on a specific kind of coping strategy (e.g. art, mindfulness, self-care, nature, physical activities, etc.)
- Identifying youth at risk and conducting individual follow-ups with youth who may require additional support & connecting them to appropriate resources/services
- Attending mandatory team training sessions for facilitation, team building, and knowledge acquisition
- Must be proficient with documentation and completion of confidential forms

### Required Qualifications, Knowledge and Skills:

- Between the ages of 20 and 30
- 1-2 years of experience working with youth
- 1-2 years of experience facilitating groups
- Knowledge of mental health, mental illness, and community resources serving youth
- ASIST (Applied Suicide Intervention Skills Training) Certified *\*note: ASIST certification has been less accessible across the pandemic, but must be acquired as soon as is possible following hiring\**
- Ability to work well with others and function on a team
- Excellent verbal and written communication skills and experience presenting to groups
- Scheduling flexibility as well as ability to offer fixed hours is an asset (e.g., all Wednesdays from 8am – 4pm)
- **Bilingualism is a strong asset (French and English)**
- Verbal communication skills in other languages (e.g., Arabic, Mandarin, Spanish, Somali, etc.) (preferred)
- Experience working with marginalized populations (e.g., LGBTQ+ youth, newcomer youth, etc.,) (preferred)
- Valid Driver's license (preferred)

**Note:** While we thank all applicants for their interest, only those considered for an interview will be contacted. Selected candidates will require a valid Police Records Check prior to commencing work.